

Cinnamon Applesauce Zucchini Bread

Ingredients

- flour, unbleached - 355 ml - 1 1/2 cups
- zucchini, shredded - 300 ml - 1 1/4 cups
- cane sugar - 175 ml - 3/4 cup
- applesauce - 60 ml - 1/4 cup
- vegetable oil - 60 ml - 1/4 cup
- egg whites - 60 ml - 2 egg whites
- cinnamon, ground - 10 ml - 2 tsp
- vanilla extract - 5 ml - 1 tsp
- baking powder - 5 ml - 1 tsp
- salt - 2.5 ml - 1/2 tsp
- nutmeg, ground - 2.5 ml - 1/2 tsp
- baking soda - 1.25 ml - 1/4 tsp

Directions

1. Scrub the zucchini with an abrasive plastic pad reserved for vegetables, and rinse before grating.
2. In a bowl sift together the all purpose flour, baking soda, baking powder, cinnamon, nutmeg, and salt with a wire whisk.
3. In another bowl, beat the egg whites until frothy. Mix in the applesauce, oil, cane sugar, and vanilla extract until even.
4. Combine the shredded zucchini with the wet ingredient bowl and mix.
5. Pour the wet ingredients into the bowl with the flour mixture. Mix until evenly combined.
6. Grease and flour a 8 x 4 x 2 in loaf pan. Pour in the batter.
7. Bake for 50-60 minutes at 350 degrees F (175 degrees C).
8. Test by inserting a toothpick or knife into the center of the loaf. When withdrawn free of batter, the bread has finished cooking.
9. Transfer to wire racks after 15 minutes. Cool for 20 minutes before serving.

<http://zucchinibreadrecipes.org/cinnamon-applesauce-zucchini-bread/>

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