

Zucchini Bread Recipes

Cream Cheese Fruit Dip – Easy No-Marshmallow-Fluff Recipe

10 min Prep time	**10 min** Total time	**4** Servings
Easy Difficulty	**American** Cuisine	**Snack** Course

Ingredients

Main Ingredients

- [ ] 8 oz cream cheese, softened
- [ ] 1/2 cup plain Greek yogurt
- [ ] 2 tbsp honey
- [ ] 1 tsp vanilla extract
- [ ] 1 tsp lemon zest
- [ ] 2 cups mixed fresh berries (strawberries, blueberries, raspberries)

Optional Garnish

- [ ] A drizzle of honey
- [ ] A pinch of sea salt

Instructions

1. In a medium bowl, combine the softened cream cheese and Greek yogurt; whisk until smooth.



2. Add honey, vanilla extract, and lemon zest; continue whisking until everything is well incorporated.



3. Gently fold in the fresh berries, being careful not to crush them.



4. Transfer the dip to a serving bowl, sprinkle a pinch of sea salt, and optionally drizzle extra honey on top.



Nutrition per serving

150 kcal	4 g	14 g	9 g
Calories	Protein	Carbs	Fat

Tips & notes

- If the dip feels too thick, add a tablespoon of milk or extra yogurt.
- Pat the berries dry to prevent excess water in the dip.
- For an extra pop, sprinkle a few fresh mint leaves just before serving.