

Zucchini Bread Recipes

Easy Ninja Creami Dole Whip Ice Cream

10 min Prep time	**10 min** Total time	**4** Servings
Easy Difficulty	**American** Cuisine	**Dessert** Course

Ingredients

Main Ingredients

- [ ] 2 cups frozen pineapple chunks
- [ ] 1 cup coconut cream, chilled
- [ ] 2 tbsp maple syrup (optional)
- [ ] 1 tsp lime zest
- [ ] 1 tbsp fresh lemon juice
- [ ] Pinch of sea salt

Instructions

1. Place the frozen pineapple, coconut cream, maple syrup, lemon juice, and sea salt into the Ninja Creami container. Blend on low until smooth.



2. Secure the lid and freeze the container for at least 12 hours.



3. After freezing, attach the container to the Ninja Creami and select the “Sorbet/Soft Serve” function. Let the machine spin until airy.



4. Remove the container, fold in the lime zest gently, and serve immediately.



5 Optional: Top with fresh fruit, toasted coconut, or a drizzle of maple syrup for extra texture.



Nutrition per serving

180 kcal	2 g	18 g	12 g
Calories	Protein	Carbs	Fat

Tips & notes

- If the mixture seems too thick after the spin, add a tablespoon of cold water and re-spin briefly.
- For extra tropical flair, substitute half the pineapple with frozen mango.
- Serve in chilled bowls to keep the soft-serve texture longer.