

Zucchini Bread Recipes

Marshmallow Fruit Dip – Fluffy 2-Ingredient Fruit Dip

5 min Prep time	**5 min** Cook time	**10 min** Total time
4 Servings	**Easy** Difficulty	**American** Cuisine

Ingredients

Main Ingredients

- [ ] 2 cups mini marshmallows
- [ ] 1/2 cup heavy cream, chilled

Optional Add-Ins

- [ ] Pinch of salt
- [ ] Lemon zest, a pinch

Instructions

1. Place marshmallows in a microwave-safe bowl; heat in 15-second intervals, stirring each time, until fully melted and glossy.
2. Quickly whisk in the chilled heavy cream, folding gently until the mixture is smooth and airy.
3. Add a pinch of salt and, if desired, a few strands of lemon zest for brightness; stir briefly.
4. Cover and refrigerate for 10 minutes, then serve with fresh fruit on a platter.

Nutrition per serving

210 kcal	3 g	23 g	12 g
Calories	Protein	Carbs	Fat

Tips & notes

- If the dip separates, simply whisk in a splash of cold milk to bring it back together.
- For a tropical twist, serve with sliced mango and pineapple.
- A drizzle of honey adds a floral note without making the dip overly sweet.