Zucchini Bread Recipes

Summer Fruit Salad

Quick, colorful fruit salad with a honey-lime drizzle—perfect for warm days.

15 min	15 min	4	Easy	American	Salad
Prep time	Total time	Servings	Difficulty	Cuisine	Course

Ingredients

Main Ingredients

- [ ] 2 cups mixed berries (strawberries, blueberries, raspberries)
- [ ] 1 cup cantaloupe, cubed
- [ ] 1 cup honeydew melon, cubed
- [ ] 2 kiwis, peeled and sliced
- [ ] 1/4 cup fresh mint leaves, torn

Honey-Lime Dressing

- [ ] 3 tbsp honey
- [ ] 2 tbsp fresh lime juice
- [ ] Pinch of sea salt

Optional Garnish

- [ ] 2 tbsp toasted pistachios, chopped

Instructions

1. Wash all berries gently, remove stems, and pat dry; set aside.



2. Cube the melons and slice the kiwis; keep them chilled while you work.



3. In a small bowl, whisk together honey, lime juice, and a pinch of salt; let sit for a minute.



4. Place all fruit in a large serving bowl, drizzle with the honey-lime dressing, toss lightly, sprinkle mint and pistachios, then serve.



Nutrition per serving

180 kcal	3 g	45 g	2 g
Calories	Protein	Carbs	Fat

Tips & notes

- If the fruit is very juicy, add dressing just before serving to avoid sogginess.
- Taste the dressing and adjust sweetness or acidity to your preference.
- For extra crunch, toast nuts in a dry pan for 2 minutes.